

# MEET THE FA SKILLS TEAM

## THE FA SKILLS TEAM WITHIN SURREY AND HOW THEY CAN HELP YOU

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FA Skills is a unique football coaching programme that gives 5-11 year olds of all abilities the opportunity to get active, learn new football skills and enjoy the game.

The programme has been providing high quality football coaching courses for children since 2007 and to date has provided over 8 million child places on the programme, aiming to provide 1.2 million coaching opportunities per year.

FA Skills is a nationwide initiative run by The Football Association and funded by Sport England providing after-school football coaching, holiday football coaching, support for charter standard football clubs also working within primary schools providing specialist football coaching across the 15 boroughs in Surrey. The programme aims to develop better and more technically gifted football players regardless of their gender, and also gives every child the opportunity to be the best that they can be.

**Your FA Skills team are below so make contact to find out more!**



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# NEW TO THE SPORT - YOUTH

## DETAILS OF YOUTH FOOTBALL STRUCTURE

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Youth football is available for girls from U8 through to U18. The format of competition changes depending on age groups so that they are best suited for the girls.

### Development Football

This is for players in the age groups U8 through to U11. The format of competition on offer for the girls changes as they go through the age group, see the breakdown below:

Age Group	Match Format	Competition format
Under 8	4v4	Play every other week (not including holidays)
Under 9	4v4	Play every other week (not including holidays)
Under 10	5v5	Play every week, home and away matches
Under 11	7v7	Play every week, home and away matches

### Youth Football

This is for players from the U12 age group right up to U18s. Once over the age of 14 all teams play in the 11v11 format but girls from U12s and U13s can play 9v9 for their matches.

### New To The Game

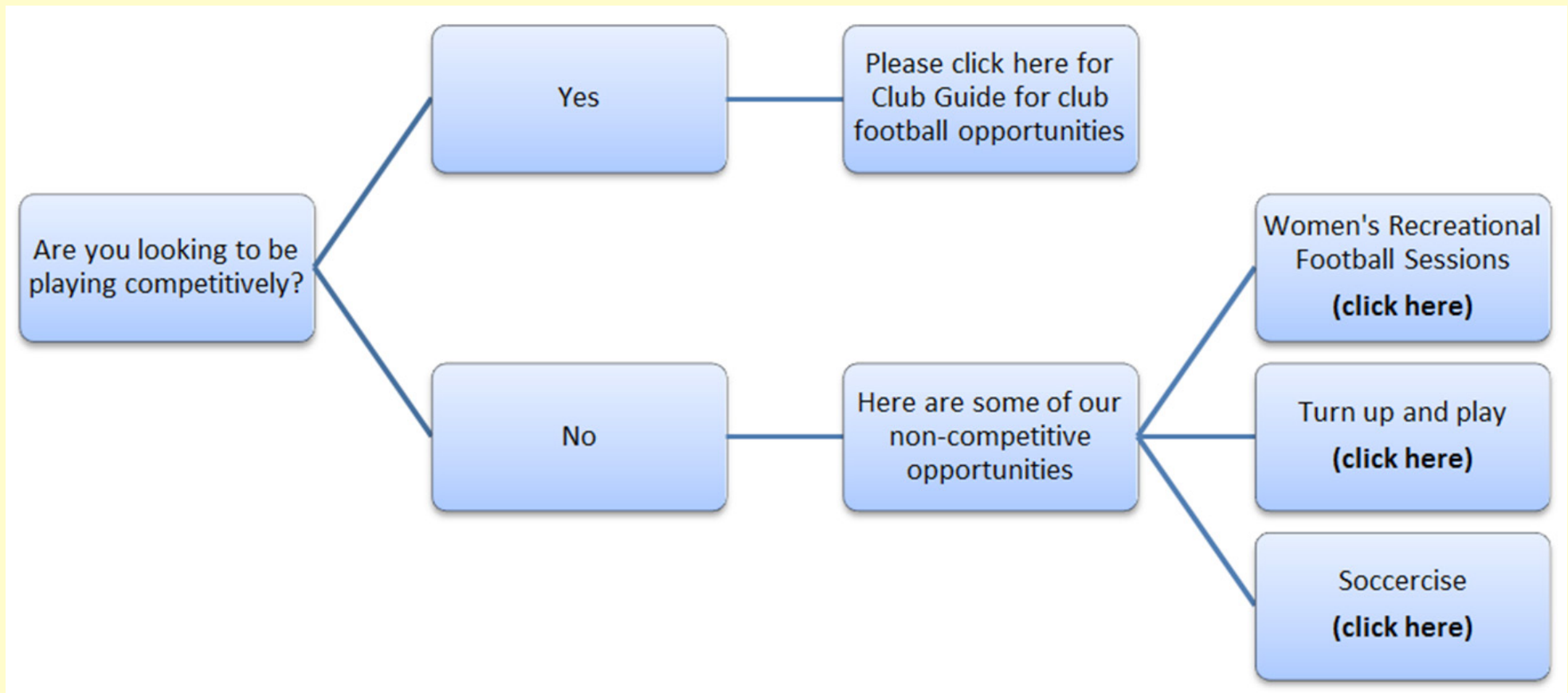
Please [click here](#) to search for local youth football clubs in your areas.

# NEW / RETURNING TO THE SPORT

## ADULT PLAYERS INTERESTED IN GETTING INVOLVED IN FOOTBALL

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Getting into playing football is always possible (for new and returning players), regardless of age or ability! We have a full range of opportunities to suit those over 16 that span across a variety of different levels. The diagram below illustrates the variety of options available.



# SUPPORT YOUR LOCAL CLUB

## WATCHING YOUR LOCAL TEAM FROM GRASSROOTS UP TO THE WSL

There are plenty of opportunities to watch the women's game in Surrey and surrounding areas, whether that's at a grassroots level at your local club, or whether it is at the top end of the game with the Women's Super League.

There are a few local teams that play in WSL or the Women's Premier League. These clubs and where they play are as follows:

**Chelsea Ladies** | Wheatsheaf Park, Wheatsheaf Lane, Staines, TW18 2PD

**Crystal Palace Ladies** | Hayes Lane, Bromley, Greater London, BR2 9EF

**AFC Wimbledon Ladies & Girls** | The Borough Sports Ground, Gander Green Lane, SM1 2EY

**Millwall Lionesses** | Millwall Football Club, The Den, Zampa Road, London, SE16 3LN

**QPR Ladies** | Honeycroft, Horton Road, West Drayton, UB7 8HX

